

This Thursday, 19th June 2008, Burma's democracy leader, Aung San Suu Kyi, will celebrate her 63rd birthday alone, under house arrest.

She is now in her 13th year of detention yet she has committed no crime. She is imprisoned for peacefully calling for freedom and democracy in Burma. She isn't allowed to see family or friends as all visitors are banned. Her phone line is cut and her post is intercepted.

For the rest of this week we will send you an action a day so you can highlight the plight of Suu Kyi and the repressed people of Burma. Today we are asking you to send a message direct to the regime, asking them to free Aung San Suu Kyi and the other 1,919 political prisoners in Burma. Take action here: <http://www.burmacampaign.org.uk/mtvaction.html>

For taking a stand against Burma's brutal regime, Aung San Suu Kyi is kept under house arrest. But international pressure keeps her safe. Aung San Suu Kyi asks for our support; " Please use your liberty to promote ours". Today please do that – send the regime an email <http://www.burmacampaign.org.uk/mtvaction.html>

On Thursday solidarity protests will be held worldwide. If you can, please join us at 1pm outside the Burmese Embassy in London (19A, Charles Street, London, W1J 5DX, Nearest tube: Green Park) find out more here: <http://www.burmacampaign.org.uk/demonstrations.html>

Thank you

Anna Roberts

The Burma Campaign UK

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